



# COBDEN TECHNICAL SCHOOL

*Committed to Students, Committed to Success*

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**Term 2      Week 10**  
**June 28, 2019**

*We are committed to find, and celebrate, successful outcomes for students, whether that is in the pursuit of high level academic achievement, or the development of specific vocational skills.*

*The values we strive to develop and promote through our interactions with students, parents and other members of our community are Honesty, Excellence, Accountability, Respect and Trust - HEART.*

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<b>School Council Parent/Student Representatives:</b>	<i>Rae Bellman (President)</i>	<i>Liz Roberts (Vice President)</i>
<i>Sue Clarke      Michelle De Bie      Rebecca Perriss</i>	<i>Ingrid Bellman (Student)</i>	<i>Tanner Fratantaro (Student)</i>

**BREAKFAST CLUB**

CTS offers breakfast every Wednesday and Friday morning from 8.30-9am at Johno’s Shed. Free cheese toasties are available. Those students who have travelled long distances on the bus, or have missed breakfast for any reason, are especially welcome.

## Principal

Rohan Keert

Term 2 is often regarded as the toughest one to get through in the school year. It’s cold and wet; days are short, flu season hits. I always mark the winter solstice (shortest day of the year) as a sign that spring is just around the corner. I am always optimistic about spring and the promise of green shoots.

### Student Reports

The end of Term 2 is also a time for our teachers to report on student achievement for Semester 1. While regular feedback is given to students through Learning Tasks and regular assessment throughout Terms 1 and 2, the Semester report is an important document for students to learn about their performance and set learning goals for improvement in Semester 2 based on their teacher’s feedback. Semester reports will be published on Compass (via

your smart phone, iPad or computer) at 3:30pm on Friday 28<sup>th</sup> June. I encourage all parents to read the Semester reports and go through them with you child, supporting them to understand the feedback and setting learning goals for the second half of the year. I look forward to green shoots everywhere in the form of student learning growth.

### **Compass**

If any parents are having trouble logging in to Compass, please contact the school on 5595 1202 for support. To access Compass from your phone, download the 'Compass School Manager' app from the App Store (iPhone) or Google Play (Android). If you are using a computer please bookmark this web address <https://cobtech-vic.compass.education/> to access Compass.

### **Accessibility Upgrade**

If you have visited the school during Term 1, you will have noticed the major building works to upgrade accessibility to all buildings. The new concrete ramps to admin and the library have been poured and the ramp to HUMS looks like it will happen in the next day or two. The entry to the library will also include two sets of automatic sliding doors, a new librarian work station/loans desk, and a new laser light covered entry. Works will continue over the next four months with completion expected in time for the CTS 50<sup>th</sup> Anniversary celebrations 19-20 October 2019.

### **Sporting achievements**

I love hearing about the continued sporting success of our students. Congratulations to our senior boys' basketball team on a great day at Terang HSSD interschool sports earlier this week. The boys won all three games and will advance to the Greater Western Region (GWR) finals to be played in Ballarat in August. Our cross-country runners also did an amazing job at the GWR event held at Deakin University, Warrnambool. Well done to Abbey Robbins U14 girls finishing 8<sup>th</sup> and will now progress to the State final to be held in Melbourne in July.

### **Debutante Ball**

The 2019 Deb Ball was a great success and a wonderful night to be part of. Our Parents Club did a tremendous job organising this event. I would like to thank all parent, staff and student helpers for their contribution to this event. Here's a section from my Deb Ball speech. *"...we know that traditionally, the Debutante Ball marked that moment in spring or summer when a young woman was presented to society, ready to be courted by eligible suitors"*. It is important to reflect on the history and traditions of events that we often take for granted in our fast-paced, digitally connected, modern world.

### **Indonesian Sister School**

Your help is needed please. We will be hosting 22 students from our sister school in Indonesia from 2-14th August 2019. We are still in need of host families for 5 boys and 2 girls. If you could help or just require further information about this wonderful opportunity, please contact the general office on 5595 1202.

I would like to wish all staff, students and their families a safe and restful winter holiday break. School resumes on Monday 15<sup>th</sup> July.

## **Assistant Principal**

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Cassandra Crevola

As we reach the end of Term 2, it's nice to look back and reflect upon what a fantastic term it has been! I had the absolute pleasure of MCing the Deb Ball with our terrific school captains and we had a delightful time celebrating this special milestone with our Year 10 and 11 students. It was wonderful to see so many CTS community members there to celebrate with us.

Our students also enjoyed a range of excursions to Melbourne and, more locally, the Wind Farms we were proud of the way they carried themselves in the community. Our Year 10s have had an exciting couple of weeks completing

Work Experience and our Year 11s have their turn lined up in Term 3; we look forward to sharing the stories of their experiences.

At this point, we recognise and celebrate our students completing the first semester of their year's work, with this signalling the start of new electives for our middle years students. We encourage families to review students' school reports together and take time to celebrate strengths and set goals for the coming semester.

It's also a time when we explore our planning beyond next semester and into next year. Our senior students have completed the first step in the selection of their subjects for next year and further information will follow soon for our middle years students about their elective choices for 2020 – stay tuned for more information.

We thank our students for taking part in the annual Student Attitudes to School survey in recent weeks. This process gives us valuable information about our school and helps us to plan for the future. We look forward to unpacking the detail from this survey in coming months. Our students will also have the opportunity to participate in two other surveys over the course of Term 3, providing us with further information about how to support students as they move through their secondary years. Information for families about these two surveys will be shared early in Term 3.

I'd like to take this opportunity to wish everyone in the CTS community a safe, restful and happy break. I'm looking forward to the excitement of Term 3!

## Calendar

<b>TERM 3</b>		
<b>WEEK 1</b>	<b>DATE</b>	<b>EVENT</b>
Monday	July 15	• First Day of Term 3
Tuesday	July 16	•
Wednesday	July 17	•
Thursday	July 18	• Corangamite Trade Training Tour Years 9 & 10
Friday	July 19	•
<b>WEEK 2</b>	<b>DATE</b>	<b>EVENT</b>
Monday	July 22	• Morrisby Career Profiling (to be confirmed)
Tuesday	July 23	•
Wednesday	July 24	• Practice for Clay Target Shooting
Thursday	July 25	•
Friday	July 26	•
<b>WEEK 3</b>	<b>DATE</b>	<b>EVENT Sunday July 28 – 8:00 Year 11 Work experience</b>
Monday	July 29	• Year 11 Work Experience
Tuesday	July 30	• Year 11 Work Experience
Wednesday	July 31	• Year 11 Work Experience
Thursday	August 1	• Year 11 Work Experience • GWR Interschool Senior Boys Basketball (Ballarat)
Friday	August 2	• Year 11 Work Experience • Indonesian Sister School Visit
<b>WEEK 4</b>	<b>DATE</b>	<b>EVENT</b>
Monday	August 5	• Indonesian Sister School Visit
Tuesday	August 6	• Indonesian Sister School Visit
Wednesday	August 7	• Indonesian Sister School Visit • Practice for Clay Target Shooting
Thursday	August 8	• Indonesian Sister School Visit

Friday	August 9	<ul style="list-style-type: none"> <li>Indonesian Sister School Visit</li> <li>Colmar Brunton About You Survey 7, 8, 10 &amp; 11</li> </ul>
<b>WEEK 5</b>	<b>DATE</b>	<b>EVENT</b>
Monday	August 12	<ul style="list-style-type: none"> <li>Indonesian Sister School Visit</li> </ul>
Tuesday	August 13	<ul style="list-style-type: none"> <li>Indonesian Sister School Visit</li> </ul>
Wednesday	August 14	<ul style="list-style-type: none"> <li>Indonesian Sister School Visit</li> <li>Year 10 Course and Subject Interview Day</li> </ul>
Thursday	August 15	<ul style="list-style-type: none"> <li>Indonesian Sister School Visit</li> </ul>
Friday	August 16	<ul style="list-style-type: none"> <li>Dental Van arrives</li> </ul>
<b>WEEK 6</b>	<b>DATE</b>	<b>EVENT</b>
Monday	August 19	<ul style="list-style-type: none"> <li>Dental Van</li> </ul>
Tuesday	August 20	<ul style="list-style-type: none"> <li>Dental Van</li> </ul>
Wednesday	August 21	<ul style="list-style-type: none"> <li>Dental Van</li> <li>Practice for Clay Target Shooting</li> </ul>
Thursday	August 22	<ul style="list-style-type: none"> <li>Dental Van</li> <li>Noorat Gun Club Clay Target Shoot (at Noorat)</li> </ul>
Friday	August 23	<ul style="list-style-type: none"> <li>Dental Van</li> <li>Pupil Free Day – Staff PD</li> </ul>
<b>WEEK 7</b>	<b>DATE</b>	<b>EVENT</b>
Monday	August 26	<ul style="list-style-type: none"> <li></li> </ul>
Tuesday	August 27	<ul style="list-style-type: none"> <li></li> </ul>
Wednesday	August 28	<ul style="list-style-type: none"> <li>Bricks Day 3 9am – 1.45 pm</li> <li>Empower Me Student Leadership (To be confirmed)</li> </ul>
Thursday	August 29	<ul style="list-style-type: none"> <li></li> </ul>
Friday	August 30	<ul style="list-style-type: none"> <li></li> </ul>
<b>WEEK 8</b>	<b>DATE</b>	<b>EVENT</b>
Monday	September 2	<ul style="list-style-type: none"> <li></li> </ul>
Tuesday	September 3	<ul style="list-style-type: none"> <li></li> </ul>
Wednesday	September 4	<ul style="list-style-type: none"> <li>2019 Summit Camp (6.45 am)</li> <li>HSSSD Interschool Junior Basketball (at Terang/Camperdown)</li> </ul>
Thursday	September 5	<ul style="list-style-type: none"> <li>2019 Summit Camp</li> </ul>
Friday	September 6	<ul style="list-style-type: none"> <li>2019 Summit Camp</li> <li>Victorian Schools Super Series Lawn Bowls</li> </ul>
<b>WEEK 9</b>	<b>DATE</b>	<b>EVENT</b>
Monday	September 9	<ul style="list-style-type: none"> <li>Canberra Camp (6 am)</li> </ul>
Tuesday	September 10	<ul style="list-style-type: none"> <li>Canberra Camp</li> </ul>
Wednesday	September 11	<ul style="list-style-type: none"> <li>Canberra Camp</li> </ul>
Thursday	September 12	<ul style="list-style-type: none"> <li>Canberra Camp</li> </ul>
Friday	September 13	<ul style="list-style-type: none"> <li>Canberra Camp</li> </ul>
<b>WEEK 10</b>	<b>DATE</b>	<b>EVENT</b>
Monday	September 16	<ul style="list-style-type: none"> <li>GWR Interschool Athletics (at Ballarat)</li> </ul>
Tuesday	September 17	<ul style="list-style-type: none"> <li>Parent Teacher Interviews</li> </ul>
Wednesday	September 18	<ul style="list-style-type: none"> <li></li> </ul>
Thursday	September 19	<ul style="list-style-type: none"> <li></li> </ul>
Friday	September 20	<ul style="list-style-type: none"> <li>Last Day of Term 3</li> </ul>

## Reminder

School Dental Van forms should have been returned by June 20. If you would like your child to be seen and have not returned a consent form for them, please contact the school.

# Careers

Annette Hickey –Careers Coordinator

## Work Experience dates for your calendar:

Year 11 – Monday, July 29 – Friday, August 2 (Melbourne)

**Please see Mrs Hickey for more information.**

## Morrisby Career Profiling for all Year 9 students

The Career Advisory Services for Year 9 students in Victorian government schools has been designed to help students make better choices about subject selection, vocational education and training, senior secondary school certificates, further study, and training. The Department of Education and Training has engaged the Career Education Association of Victoria (CEAV) to deliver the services in partnership with Career Analysts Pty Ltd.

The idea of this personal online discovery tool is to help students identify their strengths, talents and interests and suggested subjects, pathways and careers that may suit these. After completing an online profile, students will then attend a 45-minute interview session with a Careers Consultant who has been trained in Morrisby.

This interview is generally conducted approximately two to three weeks after the profile is completed. Ahead of the interview itself, students are asked to complete some background questions and some more open-ended questions about their future. They are also asked to review their results and the findings from the profile.

## Corangamite Trade Training Cluster Bus Tour



On Thursday 18th July, we will be providing an opportunity for all Year 10 students to visit the Corangamite Trade Training Cluster facilities. Students will be able to view the facilities in action and will listen to a brief presentation from each of the VET teachers to gain an insight into the courses available next year through the CTTC. Students will receive a course brochure and handbook outlining information about all the courses on offer through the CTTC facilities.

## OPEN DAYS

Institution	Campus, Date and Time
Academia Australia	<a href="http://academia21.com">academia21.com</a>
Academy of Information Technology	Melbourne: 3 August 2019 (10am-1pm) <a href="http://ait.edu.au">ait.edu.au</a>
Academy of Interactive Entertainment	Melbourne, Adelaide, Canberra and Sydney campuses: 18 August 2019 (10am-3pm) 16 November 2019 (10am-3pm) <a href="http://aie.edu.au/openday">aie.edu.au/openday</a>
Acknowledge Education	<a href="http://acknowledgeeducation.edu.au">acknowledgeeducation.edu.au</a>
Australian Catholic University	Melbourne: 11 August 2019 (10am-3pm)

Institution	Campus, Date and Time
	Ballarat: 25 August 2019 (10am-2pm) <a href="http://acu.edu.au/student-life/experience-uni-before-you-start/open-day">acu.edu.au/student-life/experience-uni-before-you-start/open-day</a>
<b>Australian College of Applied Psychology</b>	Melbourne: 11 August 2019 (10am-2pm) <a href="http://acap.edu.au">acap.edu.au</a>
<b>Australian Guild of Music Education</b>	Kooyong: 23 September 2019 (10am-3pm)
<b>Box Hill Institute</b>	Box Hill: 25 August 2019 (10am-3pm) Lilydale: 15 September 2019 (10am-3pm) <a href="http://boxhill.edu.au/bod-events/">boxhill.edu.au/bod-events/</a>
<b>Charles Sturt University</b>	Albury-Wodonga: 18 August 2019 <a href="http://futurestudents.csu.edu.au/unilife/campuses/campus-tours">futurestudents.csu.edu.au/unilife/campuses/campus-tours</a>
<b>Chisholm</b>	<a href="http://chisholm.edu.au/students/secondary-school/expos-and-events">chisholm.edu.au/students/secondary-school/expos-and-events</a>
<b>Collarts (Australian College of the Arts)</b>	Fitzroy: 31 August 2019 (10am-3pm) Collingwood (Wellington Street): 31 August 2019 (10am-3pm) Collingwood (Cromwell Street): 31 August 2019 (10am-3pm) <a href="http://collarts.edu.au/open-day">collarts.edu.au/open-day</a>
<b>CQUniversity</b>	Melbourne: 15 August 2019 (5pm-8pm) Online: 14 August 2019 (3pm-6pm) 28 August 2019 (3pm-6pm) <a href="http://cqu.edu.au/courses/future-students/open-days">cqu.edu.au/courses/future-students/open-days</a>
<b>Deakin College</b>	Geelong Waterfront: 18 August 2019 (9am-3pm) Geelong Waurnd Ponds: 18 August 2019 (9am-3pm) Melbourne Burwood: 25 August 2019 (9am-3pm) <a href="http://openday.deakin.edu.au">openday.deakin.edu.au</a>
<b>Deakin University</b>	Melbourne Burwood: 25 August 2019 (9am-3pm) Geelong Waterfront: 18 August 2019 (9am-3pm) Geelong Waurnd Ponds: 18 August 2019 (9am-3pm) Warrnambool: 4 August 2019 (10am-2pm) <a href="http://deakin.edu.au/openday">deakin.edu.au/openday</a>
<b>Eastern College Australia</b>	<a href="http://eastern.edu.au/events">eastern.edu.au/events</a>
<b>Elly Lukas Beauty Therapy College</b>	<a href="http://ellylukas.edu.au">ellylukas.edu.au</a>
<b>Endeavour College of Natural Health</b>	<a href="http://endeavour.edu.au/open-day">endeavour.edu.au/open-day</a>
<b>Federation University Australia</b>	<a href="http://federation.edu.au/openday">federation.edu.au/openday</a>
<b>Footscray City Films</b>	20 August 2019 (1pm-4pm) <a href="http://footscrayfilms.com.au/open-day">footscrayfilms.com.au/open-day</a>

Institution	Campus, Date and Time
Gordon (The)	City (Geelong): 4 August 2019 (11am-3pm) <a href="http://thegordon.edu.au">thegordon.edu.au</a>
Goulburn Ovens Institute of TAFE	<a href="http://gotafe.vic.edu.au">gotafe.vic.edu.au</a>
Holmesglen	<a href="http://holmesglen.edu.au/opendays">holmesglen.edu.au/opendays</a>
JMC Academy	<a href="http://jmcacademy.edu.au/events/open-days">jmcacademy.edu.au/events/open-days</a>
Kangan Institute	<a href="http://kangan.edu.au">kangan.edu.au</a>
La Trobe College Australia	Melbourne (Bundoora): 4 August 2019 <a href="http://latrobecollegeaustralia.edu.au">latrobecollegeaustralia.edu.au</a>
La Trobe University	Albury-Wodonga: 18 August 2019 Bendigo: 25 August 2019 Melbourne: 4 August 2019 Mildura: 14 August 2019 Shepparton: 2 August 2019 Sydney: 22 August 2019 <a href="http://latrobe.edu.au/openday">latrobe.edu.au/openday</a>
LCI Melbourne	<a href="http://licimelbourne.edu.au">licimelbourne.edu.au</a>
Longerenong College	<a href="http://longy.com.au">longy.com.au</a>
Macleay College	City: 11 August 2019 <a href="http://macleay.edu.au/events">macleay.edu.au/events</a>
Marcus Oldham College	<a href="http://marcusoldham.vic.edu.au">marcusoldham.vic.edu.au</a>
Melbourne Institute of Technology	Melbourne: 17 August 2019 (10am-2pm) Sydney: 24 August 2019 (10am-2pm) <a href="http://mit.edu.au/open-day">mit.edu.au/open-day</a>
Melbourne Polytechnic	Preston: 18 August 2019 (10am-3pm) <a href="http://melbournepolytechnic.edu.au/open-day">melbournepolytechnic.edu.au/open-day</a>
Monash College	Clayton: 4 August 2019 (10am -4pm) <a href="http://monash.edu/open-day">monash.edu/open-day</a>
Monash University	Clayton: 4 August 2019 (10am-4pm) Caulfield: 4 August 2019 (10am-4pm) Peninsula: 3 August 2019 (10am-3pm) Parkville: 18 August 2019 (10am-3pm) <a href="http://monash.edu/open-day">monash.edu/open-day</a>
Moorabbin Flying Services	<a href="http://mfs.com.au">mfs.com.au</a>
Northern College of the Arts and Technology	<a href="http://ncat.vic.edu.au">ncat.vic.edu.au</a>

Institution	Campus, Date and Time
Open Universities Australia	<a href="http://open.edu.au">open.edu.au</a>
Photography Studies College	Melbourne: 4 August 2019 (10am-4pm) <a href="http://psc.edu.au">psc.edu.au</a>
RMIT University	City: 11 August 2019 (10am-4pm) Brunswick: 11 August 2019 (10am-4pm) Bundoora: 4 August 2019 (10am-4pm) <a href="http://openday.rmit.edu.au">openday.rmit.edu.au</a>
SAE Creative Media Institute	SAE Melbourne: 11 August 2019 (10am-2pm) <a href="http://sae.edu.au/news-and-events/events">sae.edu.au/news-and-events/events</a>
Southern Cross University	<a href="http://hotelschool.scu.edu.au">hotelschool.scu.edu.au</a>
Sunraysia Institute of TAFE	<a href="http://sunitafe.edu.au">sunitafe.edu.au</a>
Swinburne University of Technology	Hawthorn: 28 July 2019 (10am-4pm) <a href="http://swinburne.edu.au/openday">swinburne.edu.au/openday</a>
The Masters Institute of Creative Education	<a href="http://headmasters.com.au">headmasters.com.au</a>
Torrens University Australia	<a href="http://torrens.edu.au/about/open-day">torrens.edu.au/about/open-day</a>
University of Melbourne (The)	Parkville: 18 August 2019 (10am-4pm) Dookie: 22 September 2019 (10am-4pm) Werribee: 20 October 2019 (10am-4pm) <a href="http://openday.unimelb.edu.au">openday.unimelb.edu.au</a>
Victoria University	Footscray Park: 18 August 2019 (10am-3pm) <a href="http://openday.vu.edu.au">openday.vu.edu.au</a>
Victorian Institute of Technology	<a href="http://vit.edu.au">vit.edu.au</a>
Whitehouse Institute of Design	Melbourne: 24 August 2019 Sydney: 24 August 2019 <a href="http://whitehouse-design.edu.au/whitehouse-events">whitehouse-design.edu.au/whitehouse-events</a>
William Angliss Institute of TAFE	City: 3 August 2019 (10am-3pm) <a href="http://angliss.edu.au/openday">angliss.edu.au/openday</a>

## FareShare rescues surplus food and cooks free, nutritious meals for people doing it tough.

Thomas and Samantha



On Monday, June 17, Year 12 Senior VCAL students and VCE Food Studies students went to FareShare in Melbourne to help prepare and cook meals for the homeless and people doing it tough. Mrs McLennan and Mrs Hickey accompanied the students and Debbie Windon drove the bus.

FareShare rescues food that would otherwise go to waste and cooks it into free, nutritious meals for people in need. Around four million Australians experience food insecurity each year while as much as \$20 billion worth of food is wasted. FareShare tackles the tragedy head on by rescuing surplus, quality food from supermarkets, wholesalers, farmers and other businesses and cooking it into nutritious meals.



In Melbourne, with the help of 900 regular volunteers, FareShare cooks more than 5,500 free meals a day for charities such as soup vans, homeless shelters, women's refuges and community food banks. FareShare helps avoid food waste and diverts surplus, edible food from landfill. This reduces greenhouse pollution and ensures food produced for humans reaches those who need it most.



After being divided into two groups students had to perform a number of tasks throughout the day. Each group made sausage rolls and packed vegetable quiches to be put in the freezer. The students made over 2000 amazing sausage rolls! When finished they cut up vegetables that would be used in meals to be cooked the next day. Then it was time for afternoon tea to taste what they had cooked during the day.

At the end of the day the students thoroughly scrubbed the kitchen to meet OHS standards. The aim of the excursion was to experience volunteering within a community organisation and assist in the preparation of food to feed homeless people in Melbourne.



# CTS WEIGHTS GYM UPDATE FUNDRAISING

## YEAR 11 HEALTH AND PHYSICAL EDUCATION

By Ryan Hawkins, Jayden Squire, Jess Parsons and Grace Molloy



As a part of our Year 11 Physical Education and Health and Human Development studies we have been focusing on building healthy lifestyles and maintaining them. We have been implementing promotional strategies with an aim to achieve an increase in the amount of physical activity participation and healthy eating habits in our community.

### PHYSICAL EDUCATION

In PE classes we have been looking at the physical activity and sedentary behaviour guidelines. Factors such as location, time and weather can be factors for low-level physical activity. Therefore, we are in the process of improving and updating the CTS weights gym to create a physical space that can turn these barriers into enablers. The gym will include spin bikes and circuit style resistance equipment.

### FUNDRAISING

To do this, we are selling old gym equipment, but the main fundraiser will be to hold a raffle which members of the school community and wider community can purchase for \$2 a ticket. Prizes have been generously donated by local businesses and people and they consist of:

- 1st Prize:** 2 Nights Accommodation at Auldy's on East Beach, Port Fairy  
<https://www.youtube.com/watch?v=SgVTPue9KOM>
- 2nd Prize:** Signed Brisbane Lions Football Jumper
- 3rd Prize:** 2 Cinema tickets plus Meal for Two at The Hairy Goat in Warrnambool
- 4th Prize:** \$100 Food Voucher Ritchies IGA Cobden
- 5th Prize:** \$100 Fuel Voucher Matthews Cobden Roadhouse

JAYDEN SQUIRE: From a student's perspective, the gym would provide an excellent space for people who want to keep active without joining high intensity sports.

RYAN HAWKINS: The gym would cater for all ages, physical fitness levels and improve mental health and wellbeing. It would also assist with our VCE PE studies with a focus on improving the muscular, cardiovascular and respiratory systems.

CAMERON NEWELL: It would allow students to have better access to more up to date equipment. This would allow even injured students to increase their participation.

### HEALTH AND HUMAN DEVELOPMENT

Over the last fortnight Year 11 Health and Human Development ran some healthy eating options at lunchtime. We promoted, organised and made many different fruit smoothies like oranges, watermelon, mixed berries, bananas and different fruits mixed together. The money raised is contributing to the weight's room upgrade.

We promoted, ordered, cooked and sold BBQ Chicken, Vegetarian and Ham pizzas. Again the money raised is going towards the gym overhaul. House leaders organized a 7 session day with some healthy eating activities. We also ran colouring competitions and food trivia to improve our knowledge.

# Indonesian Sister School

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Ms Liz Formby

Languages Curriculum Manager, Sister School Coordinator, Cobden Technical School



Visit by students from the Cobden Technical School Indonesian Sister School.

## *Call for host families for Indonesian students.*

### Become a host family:

We are seeking host families who are willing to accommodate students from our Indonesian Sister School during their visit to Cobden Technical School from Thursday August 1 until Wednesday August 14. Thirteen boys and nine girls from SMP 5 Junior Secondary School in the city of Yogyakarta will be visiting Cobden. The students are aged between 11 and 14 and will be attending Cobden Technical School for the time they are here. They will also be spending some time during school days at Cobden Primary School.

The role of host families during their visit is very important. This homestay experience ensures the Indonesian students have a great time in Australia and enables them to further develop their English skills. Hosting an exchange student provides a wonderful opportunity for our students to develop their Indonesian skills, learn more about Indonesian people and culture and teach someone from a different country about life in Australia.

One compulsory requirement for becoming a host family is that all of the adult members of the host family aged over 18 hold a Working With Children Check, unless they work as an employee of the Department Of Education.

Applications are available online at <http://www.workingwithchildren.vic.gov.au> and there is no fee to apply as this is a volunteer role. For any adult members of the family who already have a Working With Children Check Card, please list their name and the card number in the expression of interest email.

If you are interested in hosting an exchange student, please contact me via email with your details as outlined below.

After making contact with me, I will send further information to you regarding the exchange group.

I look forward to hearing from our families interested in hosting a student from Indonesia. **Please note that sending an email to me is an expression of interest only and does not bind you to host a student, nor does it guarantee you will be allocated a student to host.**

For further information, please feel free to contact me at Cobden Technical School on (03) 55951202.

**FAQ:**

- **We would like to host a student but we have a small house. What can we do?**

In the past we have had the Cobden student and their host brother/sister stay with other relatives like a grandparent whilst the students are in Australia.

- **We are busy on weekends with sport and can't really take the student anywhere special. Can we still host?**

Yes! The students from our sister school are looking to experience real family life in Australia. Also, during past visits some of the host families have worked together to arrange activities for the weekends as a group.

- **The student would have to share a room and sleep on a mattress on the floor. Is this ok?**

Yes! Families in Indonesia often share sleeping spaces and do not have a room of their own.

- **Our child who attends Cobden Technical School lives between two houses. Can we still host?**

Yes! In the past some students have changed their days they stay with a parent or guardian to suit. Other students have continued as usual with their guest staying at both houses with them. There are some students from Indonesia who live between two houses too.

- **What support do we receive as a host family?**

There is a hosting booklet with information for host families which you will receive if you choose to host. There will also be an information session in Room 3 at Cobden Technical School at a date and time to be advised. One adult family member per host family is required to attend this session.

Host Family – Expression of interest information: If you are interested in hosting a student please send an email with the following information to:

formby.liz.m@edumail.vic.gov.au

- Name of child attending Cobden Technical School.
- Grade.
- Parent/Guardian Name/s.
- Phone number.
- Residential Address and Postal Address (if different).
- Hosting preference: male or female student

*Working With Children Check Card information.* For adults who live in the house and already have a WWCC card.

- Name and number of Working With Children Card.

**Terima kasih banyak!** Thank you very much!

# Funding for Healthy Choices

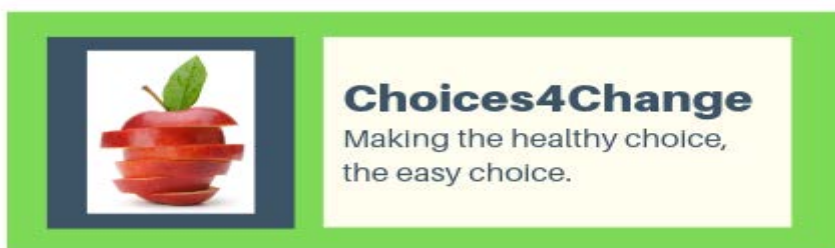
Jane Hammer - Adolescent Health Nurse

CTS was successful in gaining funding for the Stephanie Alexander Garden Project and healthy food options for health days.

The funding was provided by the 'Choices4Change' project. This project has a large focus on instilling healthy habits in children, as research shows, healthy children grow up to become healthy adults.

In 2018, Choices4Change held four workshops across four Corangamite towns where community members came up with some really exciting ideas that will all help in making the healthy choice, the easy choice. Thanks to the generosity of the Commonwealth Bank Camperdown Branch, Choices4Change received some funds to help make some of these suggestions happen.

We hope to get as many initiatives off the ground as possible, particularly those that look at supporting community members to eat healthier and be more physically active.



[laura.stevenson@swh.net.au](mailto:laura.stevenson@swh.net.au)

If you'd like to know more about Choices4Change, or how you can get involved, please get in touch. You can also find Choices4Change on Facebook.

Laura Stevenson, Choices4Change Project Officer, 0466 005 801,

**Looking for something a bit different?**

How about some volleyball?

**Cobden Rec Centre/School Gym**

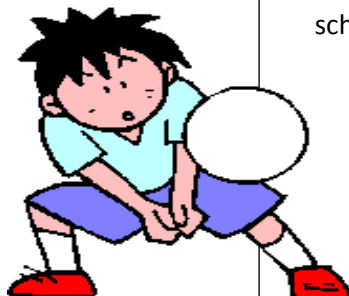
From Tuesday 16<sup>th</sup> July, 2019

**Come and try – 7.15pm**

Individuals or teams

**All age groups**

Male, female, mixed



**SPECIAL OFFER TO SECONDARY SCHOOL STUDENT-BASED TEAMS . . .**

**HALF-PRICE!**

HALF-PRICE VOLLEYBALL FOR YOUR TEAM

**TEN WEEKS every Tuesday night from July 16<sup>th</sup>**

Teams of 6 to 8 players – to qualify for this offer, at least five players must be Year 7 to 12 students at any of our schools. Teachers, parents or . . . could make up your numbers!

**Inquiries to:**

Chris Brooks 0419 043 103

Kelvin White 0429 921 876

Gabrielle Bellman 0428 799 690

Belinda Savage 0419 587 036

**First two student-based teams accepted!**

# Debutante Ball

Therese Billing

I had the honour of watching the 2019 Debutantes be presented from the best spot in the hall; seated among the Official Party. This was the first year that we have combined Years 10 and 11 for this event. They all acquitted themselves very well on the night and the dancing was a pleasure to watch.

I had to look twice to recognise them as they looked so much more mature, all dressed up in their finery.

It was a terrific night for all who attended and we would like to thank the Parents Committee for their organization; the Debutantes parents for providing such a lovely, scrumptious supper; the stage committee for the fantastic presentation and the CTS staff who gave up their time to come and help out in various ways on the night.



# Sport

Belinda Savage – Sports Coordinator

## Upcoming Events – Save the dates

Date to be confirmed	Senior Boys Country Cup Grand Final
Thursday August 1	GWR Interschool Senior Boys Basketball (Ballarat)
Thursday August 22	Noorat Gun Club Clay Target Shoot (at Noorat) (Practice Shoot Dates –July 24, August 7 & August 21)
Wednesday September 4	HSSSD Interschool Junior Basketball (at Terang/Camperdown)
Friday September 6	Victorian Schools Super Series Lawn Bowls Championships
Monday September 16	GWR Interschool Athletics (at Ballarat)

## GWR Cross Country – Monday June 3, 2019

Well done to the following students who qualified and participated at the Greater Western Region Interschool Cross Country recently held at Deakin University Warrnambool Campus:-

<b>GLENFYNE GOLD</b>	<b>TANDAROOK RED</b>	<b>SHENFIELD BLUE</b>
Mitchell Smith Thomas Roberts Tanner Fratantaro	Archimedes Perriss Elizabeth Wood Kayleb Bignell	Abbey Robbins Madison Osborne Xavier Vickers

Some amazing results and times were achieved in very windy, slippery and challenging conditions. Congratulations to Abbey Robbins on finishing 8<sup>th</sup> in the U14 girls in an amazing time of 13:19.1 for an undulating and slippery 3km course.

Abbey has now qualified to attend at the School Sport Victoria State Cross Country Final to be held at Bundoora Park, Bundoora on Wednesday 18<sup>th</sup> July, 2019. We wish Abbey all the best at the State Final.



## HSSSD Junior Boys Football – Thursday June 6, 2019

Our junior boys football team, were ably assisted by five Year 7 boys from Timboon P12 to make up our team. The boys tried hard all day, and played very well as a team. Thank you to Mr. Neal Simmonds for coaching.

### Team

Stephen Benallack	Kayleb Bignell	Austin De Bie
Jake Dooley	Brodie Eddey	Bailey Foster
Brodie Foster	Saf McVilly	Brodie Neale
Tyler Parsons	Willoughby Perriss	Tom Roberts
Mitchell Smith	Connor Stares	

Congratulations to Saf McVilly, Brodie Neale, Kayleb Bignell and Tom Roberts who have now been selected to represent the Hampden “combined” Junior Team to compete at Colac Central Reserve on Wednesday June 26, 2019.

## South West Sports Star Award Gala Awards Night –May 29, 2019

Congratulations to our 2018 Lawn Bowls Team (Jack Hookway, Joe Hutt and Noah Mungean) who were recently nominated for and received an “Intermediate Team” Sports Star Award in recognition of their achievements (School Sport Victoria State Champions) in 2018



### **HSSSD Junior Girls Netball – Thursday June 6, 2019**

With a combined Year 7 and 8 group of girls, we managed to play six games with every one getting valuable court time.

Well done to:-

Morgan Nelson

Holly Roberts

Hollie Percy

Sam Wilson

Tara Watts

Caitlyn Sargood

And great support also from

Giaan Gration Abbey Robbins

Elizabeth Wood

Jacoba Henderson

Madison Osborne

Hayley Wilson

Karahliah Rodgers

Aliza Dentith



### **Cobden Primary School Tri Sports Day – Friday, May 31**

Many thanks to Holly Duynhoven and Rose Finlayson for umpiring and assisting the Cobden Primary School students at Netball with their recent Tri Sports Day in Terang. Also to Luke Hickey who umpired and assisted at the Soccer and Noah Mungean who umpired and assisted at the Football. Many thanks.

### **HSSSD Interschool Senior Boys Basketball – Tuesday, June 25**

**WINNERS** - Well done to Luke Ball, Luke Hickey, Ryleigh McVilly, Dylan Jeffery, Lachlan Stephenson and Hunter Reynolds on winning the HSSSD Interschool Senior Boys Basketball at Terang.

#### **Scores**

Cobden 44 defeated Terang P-12 College 36

Cobden 44 defeated Timboon P-12 College – 22

Cobden defeated Mercy Regional College.

The boys have now qualified to compete at the Greater Western Region Interschool Senior Basketball Championships to be played at Basketball on Thursday August 1.

1st Tech 3 wins

2nd Terang 2 wins

3rd MRC 1 win

4th Timboon

### **Junior Boys Combined Hampden Cup Team - Wednesday June 26**

Well done to Brodie Neale, Kayleb Bignell, Thomas Roberts and Safari McVilly on representing our School and Hampden in the Junior Boys combined Football Team, played at South Colac. The boys came up against some very tough opposition in Trinity College and Emmanuel College, and unfortunately came away with no wins, but some good competition and valuable experience.

### **South West Zone Victorian Clay Target Shoot** at Noorat on August 22

Please note that this event will be held at Noorat on August 22, 2019. Please note that the South West Zone event is for competent to advanced students/shooters rather than novices.

Prior to this event we again will be attending Noorat Gun Club on the July 24 (sessions 5 and 6), August 7 and 21 to attend and have practice shoots with the Club. If you are interested in learning to do clay target shooting and also for those wishing to participate in the South West Zone Competition at Noorat in August, please make sure you have given your name and details to Belinda Savage prior to the above practice dates. However we are more than happy for any students interested in attending the practise shoot days to come and try.

# Cybersafety at home

Does your child use technology at home?

Do you know which technologies they use and what they use them for?

Do you have limits in place and supervise and support your child's online life, as you would their offline world?

Do you have a set of rules or a family agreement for technology use at home?

Technology such as mobile phones, personal computers, tablets and gaming devices has become part of life in almost every Australian household. Along with providing many advantages, new technology also raises significant challenges and concerns, such as cyberbullying, the need to protect privacy, too much time spent using technology, and children accessing offensive, inappropriate or illegal content. Parents can manage these challenges and support their children's cybersafety by providing boundaries, guidance, support, encouragement and care.

## Cyberbullying

Cyberbullying is using technology to intimidate, harass or bully an individual or group, for example by sending abusive texts or emails, excluding them or posting hurtful messages, pictures or videos. Young people experiencing cyberbullying may not tell their parents due to fear that they will overreact or remove their technology access.

- Talk with your child about relating respectfully and responsibly online.
- Encourage your child to talk to you about any concerns they have, including any upsetting online experiences. Reassure them that you will not remove their access to technology if they report concerns to you.
- If your child is the target of cyberbullying, support them to take actions to address it, such as blocking abusive contacts, reporting the incidents to service providers, the school or police, and talking to the parents of young people involved.

## Protecting privacy

Many online activities – including social networking and instant messaging – involve sharing personal information. But disclosing personal information – such as full names, addresses, phone numbers, family members' names, school, bank details, usernames and passwords – can threaten a young person's safety and wellbeing. In addition, young people can easily and quickly create and share content, including photographs or videos of themselves or others that are inappropriately personal and which may affect their social and emotional wellbeing or reputation.

- Talk about protecting privacy with your child.
- Activate privacy settings: for example, on mobile phones, social networking accounts, and email accounts.
- Establish an agreement about what your child shares online and what they keep private.

## Too much time using technology

For many young people – and adults – using technology is part of day-to-day life. While technology use offers many positive opportunities, too much use can negatively affect a child's health, schoolwork and relationships. Excessive time online may be related to engagement in a particular type of technology use, such as social networking, gaming or pornography. A child with high levels of use may or may not consider their use excessive.

- Talk with your child about their use and any concerns you have about its impact.
- Set limits on time spent using technology.
- Keep technology out of children's bedrooms.
- Support your child to develop a healthy balance of online and offline activities, including physical activities and engaging with family and friends in-person.
- If you have ongoing difficulties with excessive use that is negatively affecting your child's wellbeing, seek professional support.

## Accessing offensive, inappropriate or illegal content

Technology provides access to a vast amount of material from all around the world. Unfortunately, some of that material is offensive, illegal or otherwise inappropriate for young people. For example: images of violence, material that promotes hate towards individuals or groups, pornography – including extreme and violent sexual imagery, images of child sexual abuse, gambling, instructions for crime or violence, and material that promotes harm such as eating disorders or self-harm. Young people may seek out this kind of material or come across it accidentally.

- Talk with your child about the risk of accessing offensive, inappropriate or illegal material and why it is unhealthy for them to access it.
- Set limits on your child's technology use. For example, have them use it only in shared spaces in the home.
- Encourage your child to talk to you if they come across something that concerns or upsets them.
- Use parental controls to manage technology in your household.

For more information about how you can support your child to be a safe and responsible cyber-citizen, see <http://cybersmart.gov.au/Parents.aspx>



### Your Child's Dental Health

## SOUTH WEST DENTAL SERVICE IS CURRENTLY OFFERING DENTAL CHECKUPS AND TREATMENT TO STUDENTS ATTENDING THIS SCHOOL.

### Where is South West Dental Services located?

- South West Healthcare, Manifold Place, 140 Manifold Street, Camperdown.
- Phone 5557 0915
- South West Dental Service operates Monday, Tuesday, Thursday, Friday 8.30am till 4.30 pm

### Who can access South West Dental Services?

- Children aged 2-17 years eligible for the Child Dental Benefits Scheme- bulkbilled through Medicare.
- Health Care/Pensioner Concession Card holders 0-17 years-no fee.
- Non Health Care/Pensioner Concession Card holders 0-12 years-\$33.50 for general care.
- No fees are charged for emergency care.

### How do I make an appointment for my child?

- Children previously seen by our dental service will usually receive a recall letter when they are due for a checkup.
- If your child has not seen us before, or for some time, or you have other concerns please contact us on 5557 0900 to arrange an appointment.
- Please have your concession card and/or Medicare card with you when you call.

### We look forward to seeing you and your child.

#### Warrnambool

Community Health Building  
Ground Floor, Koroit Street  
Warrnambool, Vic 3280  
Phone: 03 5564-4250  
Fax: 03 5563 1500

#### Camperdown

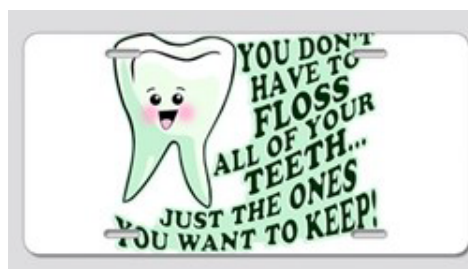
Manifold Place  
140 Manifold Place  
Camperdown, VIC 3260  
Phone: 03 5593 7300  
Fax: 03 5593 2659

#### Hamilton

2 Roberts Street  
  
Hamilton, Vic 3300  
Phone: 03 55518347  
Fax: 55631500


#### Portland

Portland, VIC  
Phone: 55210390  
Fax 55631500






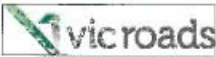
# L2P CORANGAMITE MENTOR DRIVER PROGRAM

**CORANGAMITE  
LEARNER DRIVER  
PROGRAM**



**Proudly Supported by:**

Victorian Graduated Licencing System

**Mentor Driver volunteers are urgently needed for mentoring learner drivers as they learn to negotiate the roads as there are a growing number of L Platers wanting to learn. If you are able to help in any way, please contact Sally Buckland, who is the coordinator, at the Terang Hospital on 55920222 and she will give you further details.**

Email: [slbuckland@tmhs.vic.gov.au](mailto:slbuckland@tmhs.vic.gov.au)



**L2P MENTORING**

**Mentor Support**

You will be given a free training course to help you in learning the skills, to guide you in your supporting role with your learner driver.

Our L2P Project Coordinator will match mentors to learners, to make sure they suit each other.

This will help make it a safe and rewarding time for the mentor and learner driver.

Our L2P Project Officer will keep in regular contact with you and the learner drivers to support you in your role.

**Where does the Program Operate?**

L2P program is based at Terang and Mortlake Health Services in Terang, but the car will be covering the whole Corangamite Shire.

**L**

*Learner Drivers – do need help to get 120 hours of supervised driving experience?*

Having a driver's licence is important for young people to get to:

- Further education and training such as TAFE and university
- Employment
- Sport, social life and family

**Sometimes young people find it hard to access a supervising driver or a suitable car or both. If you need help we can assist you.**

The L2P Program (learner to probationer) is funded by the TAC and managed by VicRoads and provides trained volunteer drivers to act as Supervising Drivers.

- We provide a car **and**
- We provide 7 free professional driving lessons **and**
- We provide volunteer Supervising Drivers to supervise your driving practice **and**
- It's free! You only need to pay for your learner permit, log book and drivers licence test (once you complete 120 hours of supervised driving).

**What do you need?**

- between 16 and 21 years of age and
- have a Victorian Learner Driver Permit and
- have a Victorian Learner Driver's log book and
- have trouble accessing a supervising driver or a suitable car or both for your driving practice sessions as a learner driver.

**P**

**Contact Sally the Corangamite Region L2P Coordinator based at Terang & Mortlake Health Service on ph: 5592 0222.**

**L2P LEARNER DRIVER MENTOR PROGRAM**

Funded by the TAC and managed by VicRoads



COBDEN FEMALE FOOTBALL TEAM  
 RECRUITING PLAYERS FOR 2019 SEASON

IF YOU ARE

AGED 13 – U/18

HAVE AN INTEREST IN PLAYING FOOTBALL

OR

NEVER PLAYED FOOTBALL

OR

WANT TO PLAY A NEW SPORT

OR

MEET NEW PEOPLE

THEN

YOU ARE MOST WELCOME TO PLAY

TRAINING WEDNESDAY NIGHTS COBDEN FOOTBALL GROUND 4.30-6PM

CONTACT SUE STEVENS 0427 352588 FOR ANY MORE INFORMATION

Proudly Presented by:  
 Timboon Kindergarten Inc. as major fundraiser

**The Mik Moks**

**ROCK TIMBOON**

**Monday 1st July, 2019**  
**Timboon and District Hall**

**Doors open at 10.30am for 11am show**  
 Dazzling Dan the Magic Man also appearing

Coffee, sausage sizzle & snacks available to purchase  
 Tickets \$18, family discount tickets available, under 12 months FREE  
 Contact Heidi Lawson 0407 881688

Head to [www.themikmoks.com.au](http://www.themikmoks.com.au) to secure your tickets



# COBDEN TECHNICAL SCHOOL

Committed To Students  
Committed To Success

20th June, 2019 Dear Parents, Guardians and Students, We hope everyone is enjoying the mixed season of weather that Mother Nature is throwing at us at the moment. The sun is still sneaking out with some beautiful warm rays, while being followed up only hours or days later with wind, frosts, rain, drizzle, sleet and icy cold conditions. Nothing like keeping our wardrobe rotating through, especially in the middle of June!

As a Winter Warmer, the Parents Club have decided to run a **PIE DRIVE** fundraiser, to finish off the term. The order form has a good variety of products available – in different flavours and sizes. Please approach friends, family and neighbours to see if they would like to place an order with you.

It is up to you to collect their money as their orders come in.

**Order Forms and money due:** first Thursday of TERM 3, JULY 18th 2019.

**Payments:** can be made at the Office or can be completed as a Direct Deposit to the Cobden Technical School Account; details can be found on the bottom of the order form.

**Pick up:** The COBDEN BAKERY will have our orders completed and ready to pick up from 3.30pm on August 1st 2019 from the school canteen.

NOTE: orders will **not** be available for collection during school hours.

If you have any questions, please do not hesitate to contact Liz Roberts on 0418 542 073 or Neicy Robertson at the school on 5595 1202.

Thank You,  
CTS Parents Club Committee

PO Box 106  
McKenzie Street  
COBDEN 3266  
Telephone: (03) 55951202  
Fax: (03) 55951076  
Email: Cobden.ts@edumail.vic.gov.au



# Cobden Technical School

Committed To Students, Committed To Success

FAMILY PIES	COST	QUANTITY	SUB TOTAL
Plain	\$9.50		
Curry	\$10.50		
Egg & Bacon	\$10.50		
Mushroom	\$10.50		
Steak & Bacon	\$10.50		
Steak & Kidney	\$10.50		
Steak & Onion	\$10.50		
Pastie Slab	\$10.50		
FAMILY FRUIT PIE			
Apple	\$10.50		
Apple & Blueberry	\$10.50		
Apricot	\$10.50		
SMALL PIES			
Plain	\$4:00		
Chicken	\$5.00		
Chunky Beef	\$5:00		
Mushroom	\$5:00		
Egg & Bacon	\$5:00		
Tuna	\$5:00		
Potato	\$5:00		
Pastie	\$4:50		
Pastie - Vegetarian	\$4:00		
Large Sausage Roll	\$3:50		
SMALL FRUIT PIES			
Apple	\$5:00		
Apple & Blueberry	\$5:00		
Apricot	\$5:00		
VALUE PACKS			
6pk Mini Egg & Bacon Quiche	\$9:50		
6pk Party Pies	\$9.50		
6pk Large Sausage Rolls	\$16:00		
4pk Small Pies	\$12:00		
4 pk Pasties	\$12:00		
4pk Flavoured Pies (must be one flavour only) Nominate flavour in quantity box eg 1x Tuna Flavours as per small pies list	\$14:00		
	TOTAL		\$

*Cobden Technical School  
Parents Club  
**COBDEN BAKERY PIE DRIVE**  
Fundraiser*

STUDENT NAME:

\_\_\_\_\_

HOME GROUP

\_\_\_\_\_

CONTACT PHONE NUMBER:

\_\_\_\_\_

**ALL ORDER FORMS  
& CORRECT MONEY**

to be returned to the  
Cobden Tech Office

BY

**THURSDAY JULY 18<sup>TH</sup> 2019**

**DELIVERY DATE**

**THURSDAY AUGUST 1<sup>ST</sup> 2019**

Pick up will be from the school canteen  
from 3:30pm

**ANY QUERIES – PLEASE CONTACT**

Liz Roberts on 0418 542 073 or

Neicy Robertson on 55 951 202

Payments can be made at the Cobden Technical School Office via eftpos or by Bank transfer to

**Account Name; Cobden Technical School BSB: 083-573 Account Number: 51 572 9773**

Please use the SURNAME, INITIAL & PIE DRIVE

EG. Smith C - PieDrive