



COBDEN TECHNICAL SCHOOL

McKenzie Street, Cobden Vic 3266
P ♦ 5595 1202
E ♦ cobden.ts@education.vic.gov.au

Committed to Students, Committed to Success

Be sure to check out the website for our school
<https://www.cobtech.vic.edu.au/>

Term 1 Week 3

February 2025

We are committed to find and celebrate successful outcomes for students, whether that is in the pursuit of high-level academic achievement, or the development of specific vocational skills.

The values we strive to develop and promote through our interactions with students, parents and other members of our community are Honesty, Excellence, Accountability, Respect and Teamwork - HEART

Inside this Issue

Principal’s Desk.....	1
Assistant Principal Report	2
Junior Subschoo Report.....	4
Senior Subschoo Report	4
Sports Report.....	6
Getting to know our School Captains.....	8
Wellbeing Report.....	9
CTS Emergency Management Plan	10-12
Calendar.....	13

School Council Parent/Student Representatives: Jedda Couch (President) Mardi Foster (Vice President)
Anita La Franchi Rebecca Armistead Fiona Dobbins Amanda Weel

In the spirit of reconciliation, Cobden Technical School acknowledges the Traditional Custodians of this country the Djargurd Wurrung and Kirrae Whurrung peoples of the Eastern Maar nation. We pay our deepest respects to the Elders past, present and emerging, for they hold the memories, the tradition, the culture and identity of the Indigenous peoples of Australia.

Principal’s Desk



Narelle Holliday – Principal

Welcome back to Term 1 which is always a busy time in school. There are a range of extra things that happen for the students be it sport, new classes or work placements. I want to express my thanks to the students, staff and families who contribute every day to making our school a dynamic and welcoming place of learning.

Welcome to Stacey Gladman, who is completing her teaching degree whilst working at Cobden Tech. Stacey will be teaching Humanities and VCE Vocational Major Studies. Vanessa Leeson has also returned as a graduate teacher in Maths and Digital Technology. Both these teachers have fitted in well at our school and being from the local community have a great knowledge of what is great about Cobden and the school. We also have two new support staff. Kayla Horan is working as the Student Counsellor whilst Liv Williams is on family leave and Sharon Cotton has joined us this year as a Disability Inclusion Coordinator. The Department of Education has changed how they allocate funding for students that need extra help in school and Sharon will assist us to apply for and allocate time and resources to best suit our students.



Vanessa Leeson



Stacey Gladman



Kayla Horan

During Term Four last year, we have undertaken an extensive School Review process. This review has provided us with valuable insights into our strengths and areas for growth. The findings will shape our direction over the next four years, ensuring that our strategic goals align with our commitment to providing the best possible education for every student.

A Fantastic Swimming Sports Event

On Tuesday, we witnessed a fantastic display of school spirit at our annual Swimming Sports Carnival. It was wonderful to see so many students participating with enthusiasm, whether competing in races, cheering for their peers, or taking part in novelty events. The day was filled with camaraderie, determination and celebration of personal bests. Thank you to our dedicated staff for organising the event and to the students for embracing the day with such positive energy. Congratulations to Glenfyne and all the Age Champions and to those who gave their best effort—we are incredibly proud of you!



The Importance of Full-Time Attendance

Regular attendance at school is critical for student success. Schooling is compulsory for children and young people aged 6 to 17 unless an exemption has been granted. Attending school every day helps students build strong foundations in their learning, develop social connections, and form positive habits that set them up for lifelong success. Students who regularly attend school are more likely to complete Year 12 or an equivalent qualification, leading to better health outcomes, greater employment opportunities, and higher earnings throughout their lives. On the other hand, frequent absences can lead to academic difficulties, social disconnection, and reduced future opportunities. We understand that sometimes absences are unavoidable due to illness or other legitimate reasons. However, we encourage families to prioritise attendance and work with us to support their child in staying engaged with their learning. If your child is experiencing difficulties attending school, please reach out so we can work together to address any challenges.

Everyday counts, and together we can ensure that all students at Cobden Technical School can reach their full potential.

This week school TV have launched some new wellbeing articles: Don't forget to log into school TV to view supportive articles and research-based advice for issues that occur in many secondary school homes. The link to our school tv is: <https://cobtech.vic.schooltv.me/> or you can access it via our website.



Assistant Principal Report

Sarah Cook – Assistant Principal

What a fantastic start to the year. **Mentor Interviews** were very well attended and provided an important opportunity for staff to meet families and take note of student goals and concerns or supports needed. It also ensured a smooth start with laptops, lockers and other organisational aspects getting sorted so thank you for your support in making this a successful day.

Congratulations to our 2025 **School Captains**, Bradey, Taysha and Tabitha. They are looking forward to connecting with the CTS community. If students have any ideas, feedback or need some support these young people would love you to reach out. Check out their profiles to find out a little bit more about them. A special welcome to our new **Year 7** students and a few other families who have joined us at CTS this year alongside some new staff.



One of the most enjoyable aspects of my job is being able to work with staff, students and their families and celebrate students' wonderful achievements. This week our **Swimming Sports** enabled us to see all of the values we embody at Cobden Technical School. The pancakes, bacon and eggs and fruit for breakfast lifted everyone's spirits and provided much needed energy. When we arrived at the pool it was tremendous to see the families that turned out to cheer the students on and I was very proud of our students who tried new events and gave it their absolute best all day representing their team. In particular our new Year 7 cohort, their enthusiasm and participation rate must be highly commended. I was also proud of the students that turned up in their house colours, assisted with running of events during the day and respectfully watched, demonstrating great sportsmanship and community spirit.

These are our community values that demonstrate the Teamwork aspect of our HEART values. **Congratulations to our Age Champions and Glenfyne Gold as the overall winner.**

Our staff have been busy implementing our **School Wide Positive Behaviour Support Systems (SWPBS)** and you will see students are getting many Heart Values 'green' merit points on Compass rewarding their behaviours. The student leadership are discussing with students how we will be rewarding students that are excelling. The chronicle entries also allow us to track the data and put in extra supports where needed, please try to regularly check Compass and let us know if you have any questions about this system.

Our **uniform** has been looking fantastic, please ensure that students are in full school uniform each day including all black shoes and plain black or white socks (the green CTS sports polo is a permitted item) as per our policy please provide a note if students will be out of uniform explaining why. We will provide uniform items to students to wear where possible. **CTS bucket hats** must be worn outside during Term 1. These may be purchased at the office for \$12. Ensure that names are on all student items this helps us return any lost items. If students have not provided a spare key from their locker lock it would be a great idea to do so in the event it is left at home or lost. Again, well done to all students who have ensured **mobile phones** are locked away and the focus is on learning at school. Ear buds are also not permitted and will also be confiscated if students are using these. If parents need to contact students at any time they are reminded to do so via the front office, not via students' personal devices. We appreciate your understanding on this matter.

Thank you to all families who have supported us so far. Please reach out at any time if we can be of assistance and keep an eye on the Compass Calendar as it is a busy term with many important events ahead.

COMPASS CONSENT

It is imperative that all families are able to use Compass to access information and provide consent online to student events. Compass is our primary means of communication. Other important information, including class specific details, out of uniform days, student management information such as changes to schedules, policy updates and more is all communicated via Compass. Parents will only have access to features such as consenting to events. You will often receive email, push notifications and at times SMS to remind you of upcoming events that need action. If you require support, password resets or have questions please contact the office.



Bikes and scooters

We encourage students to be physically active to transport to school. However, please remember the road rules apply and we want to ensure that all students arrive to school safely. There is a bike rack at the office where students should store all bikes and scooters during the day. Students are not permitted to ride them in the school grounds during school hours and must be aware of others when entering and exiting the school grounds.

Here is some further information to support safe travel

You must wear a helmet when you're riding a

- Bicycle
- E scooter
- Human powered scooter

Cycling to school – Children aged 12 or over must ride on the road.

E Scooters

You can legally ride an e-scooter in Victoria if

- You ride on shared paths not footpaths
- Roads that have a speed limit up to 60 km/h
- You are at least 16 years old
- You wear a helmet
- You do not travel more than 20kmh
- You do not use a mobile phone
- You do not carry a passenger



Junior Subschool Report

Jen McLennan – Junior Subschool leader



Welcome back to Term 1! We hope all students and families had a restful break and are ready for a fantastic start to the new school year.

We would like to extend a warm welcome to our new Year 7 students as they begin their secondary school journey.

We are excited to see them settle into their classes, make new friends, and embrace the opportunities ahead.



This term, students can look forward to a range of exciting events and activities, including extracurricular opportunities, Year 7 Activity Day and engaging classroom learning experiences. We encourage all students to set goals, stay engaged, and make the most of the learning opportunities available. School planners are an important tool to assist students set reminders and goals. These planners also include a range of fantastic tools to support student's mental health and wellbeing.

Progress reports will be available later in the term. These reports provide valuable feedback on student effort, participation, and progress. We encourage parents and guardians to review these with their child and discuss any areas for growth and celebration.

As we begin the year, we remind students of the importance of sun safety. Wearing a hat, applying sunscreen and staying hydrated are essential habits for staying safe in the sun.

We look forward to a successful and productive Term 1. Thank you for your continued support!

Senior Subschool Report

Jason Beveridge – Senior Subschool leader



As always it has been a busy start to the year. We have already had the school's Swimming Carnival and Athletics is just around the corner, meanwhile students (and teachers) have been trying to re-establish patterns of study.

Our Vocational Major students have been busy seeking and organising their work placements. These placements are an integral part of the Vocational Major program and provide students with an excellent introduction to working life. The experience they gain during their placement often has a direct impact on their future employment prospects. Any students having trouble locating a placement should contact Mr Beveridge. Any employers (particularly in Agriculture, Engineering or Automotive) who would be interested in providing a student with a work placement are also encouraged to contact Mr Beveridge at the school.

Meanwhile, our students in the VCE stream recently have been working with Mrs Formby to develop time schedules to support them to allocate their time during the week in a way that enables them to maximise their opportunities for study, recreation and part time work. Many of our students have busy lives as they enter their senior schooling years, with employment, sporting commitments and social activities all competing with school for the finite resource of time. It is important that our students recognise these conflicting demands and develop plans to ensure that they use their time efficiently and effectively.

On the 20th of March all students in the VCE stream will attend a Tertiary Information Session in Camperdown that provide them with insights into the world of further education. Many of the larger tertiary institutions will be present and it is a great opportunity for students to explore their interests.

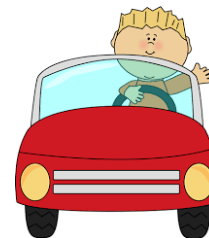
The school planners are currently a tool we are using to support students to be independent and organised. Students are required to bring them to their morning Mentor and each session throughout the day as well as their pencil case. There may be times students don't 'use' these tools but the practice of being responsible for their belongings and organised creates important habits.



As they enter the final years of school some of our students obtain their licence, it is important that all students who wish to drive to school do so within the terms of our school policies. Students who wish to drive to school should see Mr Beveridge or Mrs Cook to discuss our expectations.

I remind all senior students to come and see me if they are experiencing any difficulties or have any concerns. We are here to help! It is always best to seek help early, before any issues become even more problematic.

Good luck to all our students for 2025.



Careers

Jason Beveridge – Careers Coordinator



The start of the year has been a whirlwind of planning and program development as we consolidate our careers program for 2025. We have been in regular discussions with some of our regular partners including Deakin University, Neil Porter Legacy, SWLLEN, Australian Defence Force, Morrisby, and our neighbouring schools.

Our program for this year will include a range of programs aimed at supporting the development of career paths for our students. Activities already planned for the year include Trade's Expos, Industry visits, Maths and Science Expo, Koorie Aspirations Day, Year 11 Melbourne Work Experience, Morrisby testing, Future Me @ Deakin, Immersion Day @ Deakin, Year 11 Work Experience Camp, Careers Week, and a range of Tertiary, SEAS and scholarship information sessions. A variety of other exciting projects are also still in the development stages.

In the present and more immediate future we have been busily helping Year 11 and 12 VCE-VM students find and confirm their work placements for the year and supporting the implementation of a number of School Based Apprenticeships. Our students have always excelled in the work place and we are confident that this year's cohort will once again put their best foot forward and again represent their school, their families and themselves with pride.

It will be a busy year, as always, and we encourage our students to take the maximum advantage of all of the opportunities presented to them, in particular, we encourage them to engage in careers activities with a eye to the future. Our senior students, in particular, should utilise the resources provided to them to help them to prepare for work or further education.

I hope everyone has a great year!

Student Contributions

**Thank you to all families who have
paid their 2025 student contributions.
If you are yet to pay, please check your Compass or
contact the office on ☎ 5595 1202
and we will forward your statement to you**

Sports Report

Belinda Savage – Sports Co-ordinator



Upcoming Events – Term 1

Tuesday	Feb 18th	HSSSD Cricket Senior Boys (at Timboon)
Monday	Feb 24th	HSSSD Swimming (at Terang)
Tuesday	March 4th	CTS Athletics
Monday	March 24th	HSSSD Athletics (at Camperdown)
Tuesday	March 25 th	GWR Lawn Bowls (at Ararat)
Wednesday	March 26th	GWR Swimming (at Horsham)

CTS Swimming Sports Carnival – Tuesday 11th February

What a fantastic swimming sports carnival held on Tuesday with lots of participation, supporters, colour and amazing sunshine. Well done again to Glenfyne Gold for taking out the win quite comfortably in the end.

	Glenfyne Gold	267
	Shenfield Blue	181
	Tandarook Red	153

Congratulations to our Age Champions: -

U13 Girls

Katie (Glenfyne Gold)

U14 Girls

Stephanie (Shenfield Blue)

U15 Girls

Chali (Shenfield Blue)

U16 Girls

Olivia (Glenfyne Gold)

U18-20 Girls

Tabitha (Tandarook Red)

U13 Boys

Ryan (Glenfyne Gold)

U14 Boys

Harry (Glenfyne Gold)

U15 Boys

Lucas (Shenfield Blue)

U16 Boys

Broly (Glenfyne Gold)

U17 Boys

Ryan (Glenfyne Gold)

U18-20 Boys

Kayden (Shenfield Blue)

Thank you to all the staff and to the students who assisted and helped on the day, cooking the BBQ, running results sheets and assisting your house leaders. We also had some very glamorous outfits with the joint winners of the “Best Dressed Outfit” going to Taysha and Lexie. Lucky entrants also receive a canteen voucher which were won by Aidan, Chali, Damian and Ryan.



Congratulations also goes to the following students for breaking records at the Swimming Sports:-

Tabitha (Tandarook Red) in the U18-20 100m Freestyle with an amazing time of 1:29.21 beating the old record previously held by .05 seconds. Tabitha obviously likes the longer distance of 100m now holding the U15, U16 and U18-20 girls records for this distance.

AND


Broly (Glenfyne Gold) who bet a record that has been held since 2013 in the U16 Boys Freestyle in a great time of 19:88.


HSSSD Interschool Swimming (at Terang) Friday 22nd February


The HSSSD Interschool Swimming Carnival will be held at the Terang Swimming Pool on Monday 24th February.



Getting to know our 2025 School Captains

NAME: Taysha		
	1. Favourite CTS memory so far?	Going to the nursing home with Mrs Gore and the VM class
	2. Favourite food and drink	Chocolate milk and chips with cheese and gravy
	3. Three people to invite to dinner	Luke Combs, Dean Lewis & Zach Bryan
	4. If you could learn anything what would it be?	A Backflip
	5. Why did you want to be school captain at CTS and where you looking forward to or do you want to achieve?	Make a more supportive and inclusive school environment and a peer mentoring program where senior students can guide younger students in their academic and personal development
	6. What are you hoping to do when you finish school?	Early Childhood Education and work at a Kinder
	7. Random fact about you	All my siblings are boys!
	8. Favourite Quote	You are enough just as you are

NAME: Tabitha		
	1. Favourite CTS memory so far?	Year 11 Work Experience Camp in Melbourne
	2. Favourite food and drink	Zamberos Lamb Burrito
	3. Three people to invite to dinner	Chris Evans, Mike Myers and Andrew Garfield
	4. If you could learn anything what would it be?	Parkour
	5. Why did you want to be school captain at CTS and where you looking forward to or do you want to achieve?	So I could be a voice for my peers and help run and organise events
	6. What are you hoping to do when you finish school?	Go to university and experience the world
	7. Random fact about you	I can split an apple in half with my hands
	8. Favourite Quote	Why are you keeping the curiosity door locker? (Dustin Henderson)

NAME: Bradey		
	1. Favourite CTS memory so far?	Year 11 school sports
	2. Favourite food and drink	Chicken, bacon and mushroom risotto and lime cordial
	3. Three people to invite to dinner	Keanu Reeves, Mitchell Johnson and Rahkeen Cornwall
	4. If you could learn anything what would it be?	Lucid dream every night
	5. Why did you want to be school captain at CTS and where you looking forward to or do you want to achieve?	So I could be a role model for my peers
	6. What are you hoping to do when you finish school?	Be a school teacher!
	7. Random fact about you	I snapped my nose playing footy
	8. Favourite Quote	If you can dream it you can do it (Walt Disney)



Welcome back to the new school year, I firstly want to introduce myself I am Kayla, the new wellbeing support.

My role is to provide support to students during their school day. I provide social and emotional support around topics including: concerns at school or home, uniform enquiries, breakfast club and access to food hampers for students to take home when required.

I can be found in the wellbeing space or wellbeing office and students can directly make appointments with myself with no consent needed, however students should speak to their Mentor or Subschool Leader to be referred. I can also help to gain referrals to external supports such as Headspace, CAHMS, & other social support services.

The new term has seen our Breakfast club return, Wednesday and Thursday mornings from 8:30 -9:00am in the canteen. This provides our students with toasties, fresh fruit, fruit cups and milk to help fuel their brains ready to get the most out of their learning. Breakfast Club is also an opportunity for students to connect with myself and the School Nurse in an informal way for any needs they may have.

Good Morning!

5 Great Reasons To Eat Breakfast Each Day

Studies find that kids and adults who regularly eat a balanced and healthy breakfast:

- #1** Make healthier food choices throughout the day.
- #2** Feel energized and in a better mood.
- #3** Have a decreased risk for diabetes and heart disease.
- #4** Maintain a healthy body weight.
- #5** Improve learning with higher math scores and better concentration in school.

How to Construct a Balanced Breakfast

- If You Like Oatmeal**
Make your own warm cereal by adding different flavors.
Spices: cinnamon, nutmeg, and vanilla
Dry Fruit: unsweetened raisins, blueberries, and coconut flakes
Fresh fruit slices: strawberries, bananas, and apples
- If You Like Toast**
Add avocado and an egg to your favorite toasted whole grain bread.
Make a sandwich with a slice of cheese and scrambled eggs.
Add your favorite nut butter with sliced bananas.
- If You Like Cereal**
Sprinkle your favorite whole grain cereal over yogurt and fresh fruit.
Add nuts and fresh fruit to cereal with a low fat milk.
- Wrap It Up!**
Make your favorite burrito with a whole grain tortilla. Add eggs, cheese, beans, cilantro, avocado, and salsa.

SOURCE WEBSITES: doi.org/10.29219/lin.vb3.1678 • pubmed.ncbi.nlm.nih.gov/33040745/ • ncbi.nlm.nih.gov/pmc/articles/PMC3737458/ • pubmed.ncbi.nlm.nih.gov/22798563/ © Culinary Health Education For Families



COBDEN TECHNICAL SCHOOL

Dear families,

We want to let you know about our school's emergency management plan. Our school plans for a range of hazards, such as bushfire, severe weather, medical emergencies, building fires and intruders. We develop specific response procedures to address these risks.

We also conduct drills regularly, ensuring that our core procedures of on-site and off-site evacuation, sheltering-in-place and lockdown/lockouts are well-rehearsed and understood by staff and students.

Our school is considered at risk of bushfire or grassfire. We are Category 4 on the Bushfire At-Risk Register/Category 4 List. This means that we will **close** when the fire danger rating is **Catastrophic** in our local government area (LGA), South West Region.

The Country Fire Authority also has more information for schools at risk of fire:
<https://www.cfa.vic.gov.au/schools>.

If we enact our emergency management plan, we will notify you by Compass notification with updates on our actions. Please do not come to the school unless directed to do so, as you may put yourself and others in danger. If there is anything we need you to do, we will let you know.

In the event of an emergency that impacts telecommunications, we will endeavour to update you by community and school notice boards, posters & word of mouth.

During an emergency, the school will work closely with emergency services to get specific advice to keep our community safe. Additionally, the Department of Education has dedicated emergency management staff to help monitor the situation and provide additional support to schools during emergencies.

If you have any questions about our school's emergency management plan, please contact us at Cobden Technical School 55951202. Please be assured our top priority is the safety of our students and school community.

Thank you for your cooperation and understanding.

Yours sincerely,

Narelle Holliday

Principal

COBDEN TECHNICAL SCHOOL

Danger period for Corangamite Shire will officially begin on 25th November 2024.

School preparations for the bushfire season

Each year, to prepare for bushfires and grassfires, schools and early childhood services complete a range of activities.

The Department of Education runs an annual fire risk assessment of schools and early childhood services. They are allocated a category of risk (categories 0 to 4) and are published on the Bushfire At-Risk Register (BARR).

All schools and early childhood services listed on the BARR Category 4 list will also close when a Catastrophic fire danger rating day is forecast in their fire weather district.

When the Bureau of Meteorology provides public fire danger rating forecasts or fire weather warnings, they use fire weather district areas. In Victoria, there are 9 fire weather districts, which are based on Local Government Area boundaries. Our school is in the **South West fire district**.

As part of preparing our school for the fire season, we have updated and completed our Emergency Management Plan and conducted regular maintenance of vegetation around our site.

What does this mean for our school?

Our school has been identified as being at risk of bushfire or grassfire and is a Category 4 school.

Our school will close on a day forecasted as **Catastrophic fire danger rating** in the **South West fire district**.

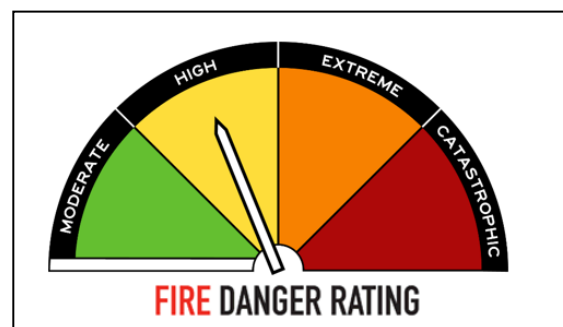
What is the department's policy?

The department's [Bushfire and Grassfire Preparedness Policy](#) requires all schools and early childhood services on the BARR and the Category 4 list to close when a Catastrophic fire danger rating day is forecast in their fire weather district. All school bus routes which travel in or through a district with Catastrophic fire danger must also be cancelled.

When will our school be closed due to Catastrophic fire danger?

Our school will close on a day forecasted as **Catastrophic fire danger rating** in the **South West fire district**.

Closure of the school due to a forecast Catastrophic day will be confirmed on the day prior and we will provide you with advice before the end of the school day. Any information regarding potential or confirmed



and

and

Catastrophic fire danger days will be communicated to you by Compass, SMS, CTS website and a letter sent home with students.

Once confirmed, the decision to close will not change, even if the weather forecast changes. This is to avoid confusion and help your family plan alternative care arrangements for your child. It is also important to be aware that:

- No one will be on site on days where the school is closed due to a forecast Catastrophic day.
- All bus routes that travel through the Catastrophic area will be cancelled.
- School camps will be cancelled if a Catastrophic fire danger rating day is forecast for fire weather district in which the camp is located, or if the travel involves passing through areas that have Catastrophic fire danger.

Families are encouraged to action their Bushfire Survival Plan on Catastrophic fire danger rating days. **On such days, children should never be left at home alone or in the care of older children.**

For those of us living in a bushfire prone area, the Country Fire Authority (CFA) advises that when Catastrophic days are forecast, the safest option is to leave the night before or early on the morning of the Catastrophic day.

What can families and the school community do to help us prepare?

- Ensure we have your current contact details, including your mobile phone numbers.
- Keep in touch with us by checking COMPASS or checking our website.
- Make sure your family's bushfire survival plan is up-to-date and includes alternative care arrangements in the event that our school closed due to a Catastrophic fire danger. Further information can be found on the [CFA's website](#).
- Action your family's bushfire survival plan if your own triggers are met. Our school community may be spread out across many areas and some families may be at higher risk than others. Your family's safety is critical, so please let us know if you are actioning your bushfire survival plan and if your children will be absent on these days.
- If your child is old enough, talk to [them about bushfires](#) and your family's bushfire survival plan.

You can find more information on emergencies, warnings and preparedness actions here:

- VicEmergency app – that can be downloaded on your android and iOS mobile devices
- VicEmergency Hotline (1800 226 226)
- Website <https://emergency.vic.gov.au>
- Facebook (<https://www.facebook.com/vicemergency>)
- Twitter (<https://twitter.com/vicemergency>)
- ABC local radio, Sky News and other emergency broadcasters

TERM 1 2025		
WEEK 4	DATE	EVENT
Monday	17 February	➤ Year 7 & 10 Immunisations (Online portal to be completed prior to this date)
Tuesday	18 February	➤ HSSSD Cricket Senior Boys (at Timboon)
WEEK 5	DATE	EVENT
Monday	24 February	➤ HSSSD Swimming (at Terang)
Friday	28 February	➤ Year 7 Activity Day
WEEK 6	DATE	EVENT
Tuesday	4 March	➤ CTS Athletics (at Cobden Rec Reserve)
WEEK 7	DATE	EVENT
Monday	10 March	➤ Labour Day – Public Holiday – NO SCHOOL
Wed-Tues	12-25 March	➤ NAPLAN
WEEK 8	DATE	EVENT
Thursday	20 March	➤ Senior VCE TIS Excursion
Thursday	20 March	➤ Year 8 Humanities Field Trip (1:00-3:15pm)
WEEK 9	DATE	EVENT
Monday	24 March	➤ HSSSD Interschool Athletics (at Camperdown)
Tuesday	25 March	➤ GWR Lawn Bowls (at Ararat)
Wednesday	26 March	➤ GWR Swimming (at Horsham)
WEEK 10	DATE	EVENT
Monday	31 March	➤ School Photos
Tuesday	1 April	➤ CTS Cross Country
Friday	4 April	➤ Last day of Term 1 @ 2:25pm



Here at **CTS** we continue to educate students about the importance of SunSmart. In Terms 1 and 4 it is compulsory to wear our school hat. If a hat is not being worn than students are to sit in a shady space for recess and lunch.

Often the day may appear overcast, but the UV rays are still present and can cause significant damage to our skin. Early protection is important following the five simple steps – slip, slop, slap, seek, shade.

Don't forget to drink plenty of water to keep yourself hydrated on the warmer days.

DO YOU QUALIFY FOR FREE HOME INTERNET?



If there is a school age student at your home and you don't have an nbn connection, you could qualify for free home internet until the end of 2025.



School Student Broadband Initiative
An Australian Government Initiative
Powered by nbn

FREE HOME INTERNET FOR SCHOOL STUDENTS AND THEIR FAMILIES

This is an Australian Government program that offers free home internet to families and carers who look after school age children and are struggling to pay the bills.

To apply, follow the four steps below:

- 1 Contact the National Referral Centre on **1800 954 610** Monday - Friday, 10am - 6pm (AEDT) or visit anglicarevic.org.au/student-internet
- 2 They'll ask you some questions to see if this offer is right for you.
- 3 If you qualify, you'll get a voucher.
- 4 Use the voucher to connect through your chosen participating internet provider before 31 December 2024.



LEARN MORE

Scan QR Code to learn more.

THE BEST PART IS



Free home internet until 31 December 2025



The Wi-Fi router is free and you can keep it



There is no lock-in contract



Assistance provided by the National Referral Centre




Callback, webchat and interpreting are available

An Australian Government Initiative



GREAT OCEAN YOGA



First time offer
Bring a friend and pay \$10.00 each
 First time offer available for all February 2025

WEDNESDAY CARRAMAR SAGE	10am - 11am
FRIDAY COBDENHEALTH	10am - 11am
NEW CLASS SUNDAY COBDENHEALTH	9am - 10am

ALL LEVELS WELCOME
 MATS AND PROPS PROVIDED
 FREE GF DF RSF COOKIES

CALL JULIE ON 04 7514 9391 FOR MORE INFORMATION



VAPING, LET'S CLEAR THE AIR

Vaping is on the rise across the Barwon South West (BSW) region, especially among young people who have never smoked. In a 2023 community consultation by Barwon Health Healthy Communities (BHHC) schools & families from the region made it clear they cannot address this issue on their own.

When it comes to risk taking behaviours we know that it takes a multi-pronged approach to support Young People. Supply, demand & education.

The BSW Vaping Project is a consortia of 10 local government areas who are committed to working with community to build knowledge and skills about the impact & effects of vaping in Young People aged 12-25.

YOUR INVITATION

You are invited to participate in this interactive workshop run by facilitator Leigh Bartlett & be part of the project.

The workshop aims to deliver tips & strategies for having conversations with your Young Person on vaping & other risk taking behaviours. Along with the opportunity for you to have your say on the topic of vaping – what you say matters.

LEIGH BARTLETT

Leigh has been working with Young People for 35years+. She has delivered 100s of workshops across communities on a broad range of parent carer topics.

If you have any queries re this workshop please email admin@batforce.org.au.

Book your spot in the workshop: trybooking.com/CVPPE

batforce

ONLINE PARENT/CARER WORKSHOP

🕒 6.30-8.00pm 📅 Tuesday 25 March

For more information about the Barwon South West Vaping project: <https://batforce.org.au/projects/>

BARWON SOUTH WEST PUBLIC HEALTH UNIT | **Barwon Health** | **VicHealth**

ROTARY YOUTH EXCHANGE

THE OPPORTUNITY OF A LIFETIME

FOR STUDENTS IN YEAR 9, 10 OR 11 IN 2025

WHAT IS ROTARY YOUTH EXCHANGE?

Rotary Youth Exchange Australia provides the opportunity of a lifetime for Australian high school students to live & study abroad. Students spend approximately 12 months living in their host country where they attend school and stay with local host families. In your host country, you will experience different foods, study different subjects, enjoy a new culture and most likely learn a new language.

Rotary Youth Exchange is recognised as the best student exchange program by schools, parents, and students around the world for safety, cost and benefit.

WHO CAN APPLY?

To be eligible to depart in 2026 students must:

- Be in year 9, 10 or 11 in 2025.
- Be born between 01/07/2008 and 31/12/2010.
- Be outgoing, self-confident, friendly, adaptable, adventurous, willing to learn a foreign language and have above-average school grades.

SELECTION AND PREPARATION

The selection and preparation process for Rotary Youth Exchange is comprehensive to ensure all participants are suitable and adequately prepared.

Interested students should contact their local Rotary Club or submit an Expression of Interest on the Rotary Youth Exchange Australia Website: <https://ryea.org.au/apply-today/>

Rotary Clubs will interview prospective candidates and nominate suitable students to the District 9780 Rotary Youth Exchange committee.

All nominated students from across the district will attend a selection weekend and a formal interview. Students will find out after the interview whether or not they have been offered a place in the program.

Successful students will attend one preparation day and a preparation weekend before their departure.

Key dates for 2025 are:

April 25th - Applications due. Club interviews to follow
May 31st - June 1st - Selection weekend in Halls Gap
June 21st or 22nd - Formal Interview in Ballarat
July 20th - Briefing session in Horsham
November 8th - 9th - Briefing Session in Swan Hill
Mid Jan 2026 - Departure from Melbourne





